

REGULATIONS FOR USING THE SALT CHAMBER

§ 1

1. These Regulations contain supplementary and specific provisions specifying the rules for using the salt chamber, located in the sauna zone separated in the Chochołów Thermal Baths Facility.
2. The salt room is an integral part of the sauna area, and all persons using it must comply with both these Regulations and the Saunarium Regulations.
3. Each User is also obliged to strictly comply with the provisions of the main Regulations of the Facility.
4. In all matters not covered by these Regulations, the other Regulations in force in the Chochołów Thermal Baths Facility shall apply, particularly the provisions of the main Regulations of the Facility.
5. Each person using the salt chamber must read the content of these Regulations before starting to use it and then comply with its provisions. It is also required to read the information boards available within the room.

§ 2

1. The salt chamber is available to Users entitled to use the sauna zone in accordance with the rules applicable in this zone, taking into account the following reservations.
2. The salt room is a salt room with a water cascade. It is intended for relaxation and rest, where you should keep a special peace and quiet and not disturb other Users.
3. The salt chamber can only be used by healthy people or people whose ailments are not contraindications to this type of treatment.
4. Each person using the salt chamber should consult a doctor regarding contraindications to using this form of recreation. Persons with an unstable health condition, in particular with:
 - claustrophobia;
 - hyperthyroidism;
 - advanced cancers;
 - acute tuberculosis;
 - other acute inflammatory conditions;
 - pregnant women;should use the salt chamber with extreme caution only after prior consultation with their doctor.
5. Using the salt chamber is at the User's own risk.
6. The Company and its Management are not responsible for the health effects of staying in the salt chamber.

§ 3

1. Before entering the salt room, you should:
 - take care of physiological needs;
 - wash the whole body in the shower with soap and then wipe dry.
2. There may be a minimum of two people in the salt room.
3. If you feel unwell, you should leave the room immediately and immediately report to a staff member.

4. Wearing glasses and contact lenses is not recommended. In the event of failure to comply with this requirement, the User must take into account the risk of damage to the glasses/contact lenses, for which the Company and its Management are not responsible if they occur. In the case of staying in the salt room in corrective glasses (at the User's own risk), these glasses must be fixed to prevent them from falling.

§ 4

1. When using the salt room, it is forbidden to cause situations that threaten one's safety, the safety of other people using the room and the area of the sauna area, or that may cause an accident, in particular:
 - using the room if the access is closed with a chain, rope or other visible way;
 - bring any items into the room, including it is forbidden to bring and consume drinks or food;
 - littering and polluting the premises of the chamber;
 - destroying the devices and equipment of the room;
 - making noise, disturbing other Users staying in the room;
 - moving movable equipment without the consent of the Staff;
 - using the equipment of the room contrary to its intended purpose;
 - touching the walls of the room;
 - taking salt crystals out of the room.
2. All persons using the salt chamber must strictly follow and comply with the instructions, commands and sound signals of lifeguards and employees of the sauna zone, as well as messages given through loudspeakers.

§ 5

1. In the event of an accident caused by non-compliance with these Regulations, the User bears all responsibility.
2. All persons violating public order or the provisions of these Regulations will be removed from the salt chamber, as well as from the Saunarium area.
3. Saunarium zone and the main Regulations of the Facility.