

REGULATIONS FOR USING THE WET SAUNA FOR CHILDREN

§ 1

1. These Regulations contain supplementary and specific provisions specifying the rules for using a wet sauna for children, located in the swimming pool area separated in the Chochołów Thermal Baths Facility.
2. In the wet sauna room for children, the temperature is 33 ° C and the air humidity is 100%.
3. The wet sauna for children is available only for children aged 1 to 13, who are under the constant care and supervision of a parent or adult guardian.
4. The wet sauna for children is an integral part of the swimming pool area, and all persons using it are obliged to comply with both these Regulations and the Regulations for using the swimming pool area. The guardian of a child using the sauna is obliged to read these Regulations, including, in particular, the provisions on contraindications, information boards, signs and instructions for using the sauna before using it and passing on the safety rules to the child, and subsequently to supervise compliance with their provisions.
5. Each User is also obliged to strictly comply with the provisions of the main Regulations of the Facility.
6. In all matters not covered by these Regulations, the other Regulations in force in the Chochołów Thermal Baths Facility shall apply, particularly the provisions of the main Regulations of the Facility.

§ 2

1. Only healthy people or people with no contraindications to using the sauna can use it.
2. It is not recommended to use the sauna for:
 - patients with heart disease, hypertension and diseases of the blood vessels;
 - patients with thyroid, claustrophobia, epilepsy, acute rheumatic conditions, cancer, acute infections and asthmatic conditions;
 - people with fever;
 - women during menstruation and pregnancy;
 - tired and weak people.
3. Familiarisation with the above contraindications for using the wet sauna for children is mandatory before using it.
4. If a person intending to use a wet sauna for children has any contraindications (both those listed directly in section 2 above and individual contraindications not listed), the use is strictly prohibited and contrary to these Regulations.
5. Using the wet sauna for children is at the User's own risk.
6. The Company and its Management are not responsible for the health effects of staying in the sauna.

§ 3

1. Before entering the sauna room, you should:
 - take care of physiological needs;

- remove glasses and contact lenses.
2. At least two people can stay in the wet sauna for children.
 3. Any deterioration of well-being should be immediately reported to a staff member or lifeguard or use the emergency button.

§ 4

1. When using the wet sauna for children, it is forbidden to cause situations that threaten one's safety, the safety of other people using the sauna and the swimming pool area, or that may cause an accident, in particular:
 - using the sauna if the access is closed with a chain, rope or other visible way;
 - adults not taking care of children staying in the sauna;
 - touching or blocking the steam outlet.
2. All persons using the wet sauna for children are obliged to strictly follow and comply with the instructions, commands and sound signals of lifeguards and employees of the swimming pool area, as well as messages given through loudspeakers.

§ 5

1. In the event of an accident caused by non-compliance with these Regulations, the User bears all responsibility.
2. All persons violating public order or the provisions of these Regulations will be removed from the wet sauna for children, as well as from the swimming pool area.
3. Other basic rules for using the Facility, as well as the rules of liability and obligations of the Customers, are regulated by the Regulations for using the swimming pool area and the main Regulations of the Facility.