

REGULATIONS FOR USING THE QUIET AND RELAXATION AREA

§ 1

1. These Regulations contain supplementary and specific provisions specifying the rules for using the quiet and relaxation area (also known as the quiet and relaxation zone), located in the swimming pool zone separated in the Chochołów Thermal Baths Facility.
2. This quiet and relaxation area is an integral part of the swimming pool zone, and all visitors using it are obliged to comply with both these Regulations and the Regulations for using the swimming pool zone.
3. Each User is also obliged to strictly comply with the provisions of the main Regulations of the Facility.
4. In all matters not covered by these Regulations, the provisions of the other Regulations in force in the Chochołów Therma Baths Complex, particularly the provisions of the main Regulations of the Facility, shall apply.

§ 2

1. Detailed rules for using individual parts, rooms, devices or attractions available in the quiet and relaxation zone, including parameters and restrictions related to the possibility of their use, are specified in separate regulations, and they may also be specified in instructions, information boards and pictograms. The above documents are available at the entrances to each of the places or attractions, and the regulations and instructions are also available on the official website of the Facility. Relevant information can also be obtained from the Staff.
2. Before using any attractions/devices/services, the Guest should carefully read and understand the rules of their use, analyse the recommendations and contraindications to use, and verify their condition. In case of any doubts, please ask the Staff for clarification.
3. It is forbidden to use individual zones and to use attractions/devices contrary to the established rules of their use, particularly by visitors whose conditions and physical condition prevent safe use, in accordance with the instructions (including the manufacturer's instructions).
4. Ultimately, Guests, individually and on their own responsibility, make an independent decision to use a given attraction/device/service available in the Facility, considering all possible hazards and risks associated with it.

§ 3

1. The basic restrictions on entering and using the Facility, applicable to all Users, are specified in the main Regulations of the Facility. The following rules are only to clarify them and in no way exclude the provisions of the main Regulations, which are also fully applicable to Users of the quiet and relaxation area.
2. The quiet and relaxation area is available to Users entitled to use the swimming pool zone in accordance with the rules applicable in this zone, taking into account the following reservations.
3. Only visitors over 16 can use the quiet and relaxation area.
4. The quiet and relaxation area is the place where Users are obliged to keep silent and not disturb other Users.

5. The behaviour of Users staying in the quiet and relaxation area may not disturb the rest of other visitors or be burdensome for them. Loud conversations, running, making noise, and insistently looking at other users are strictly prohibited. You must not practice any behaviour and activities of a sexual nature, as well as any other activities that may cause embarrassment to other Users.

§ 4

1. Special care should be taken when entering and exiting thermal barrels, spa baths, and any other quiet and relaxing basins.
2. The person leaving the barrel/basin has priority in communication.
3. It is forbidden to cause situations that threaten one's own safety or the safety of other people using the barrel/basin and the swimming pool zone as well as the quiet and relaxation area or that may cause an accident, in particular:
 - entering and exiting the barrel/basin in a different way than through dedicated stairs/ladders;
 - using the barrel/basin in case of closing the access with a chain, rope, barrier or other visible way;
 - pushing and throwing people inside the barrel/basin;
 - bringing any objects into the barrel/thermal basin, it is also forbidden to bring and consume drinks or food;
 - staying in a barrel/basin in a standing position;
 - head and face immersion;
 - pouring water from a barrel/basin;
 - sitting on the edge of the basin;
 - with regard to water basins located in the quiet and relaxation area, it is also not allowed to:
 - dive and jump into the water;
 - train apnea;
 - throw any objects into the water; mess and contaminate the basin, in particular, it is forbidden to satisfy physiological needs outside the toilet, pour cosmetic liquids into the water, etc.;
 - perform gymnastic exercises on ladders and handrails;
 - wear flip-flops or fins in the water.
4. All visitors using the quiet and relaxation area are obliged to strictly follow and comply with the instructions, commands and sound signals of lifeguards and employees of the swimming pool zone, as well as messages given through loudspeakers.

§ 5

1. In the event of an accident caused by non-compliance with these Regulations, the User bears all responsibility.
2. All visitors violating public order or the provisions of these Regulations will be removed from the quiet and relaxation area, as well as from the swimming pool zone.
3. Other basic rules for using the Facility, as well as the rules of liability and obligations of the Customers, are regulated by the Regulations for using the swimming pool zone and the main Regulations of the Facility.