## REGULATIONS FOR USING THE SALT CAVE /TEXTILE/LOCATED IN THE AREA OF QUIET AND RELAXATION

ξ1

- 1. These Regulations contain supplementary and special provisions specifying the rules for using the salt /textile/cave located in the area of peace and relaxation in the Chochołów Thermal Baths Facility swimming pool zone.
- 2. The salt cave located in the area of peace and relaxation is an integral part of the swimming pool zone and the above-mentioned area of quiet and relaxation, and all persons using it are obliged to comply with both the provisions of these Regulations and the Regulations for the use of the swimming pool zone and the Regulations for the use of the area of quiet and relaxation.
- 3. Each User is also obliged to strictly comply with the provisions of the main Regulations of the Facility.
- 4. In all matters not covered by these Regulations, the other Regulations in force in the Chochołów Thermal Baths Complex shall apply, particularly the provisions of the main Regulations of the Facility.
- 5. Each person using the salt cave must read the content of these Regulations before starting to use it, and then comply with its provisions. It is also required to read the information boards available within the cave.

§ 2

- 1. The salt cave is available to Users entitled to use the swimming pool zone and the area of quiet and relaxation separated in this zone, in accordance with the rules in force in the above-mentioned zone and in the area of quiet and relaxation, taking into account the following reservations.
- 2. The salt cave is a room made entirely of salt blocks equipped with brine graduation towers.
- 3. The salt cave can only be used by healthy people or people whose ailments are not contraindications to this type of treatment.
- 4. Each person using the salt cave should consult a doctor regarding contraindications to using this form of recreation. People with an unstable health condition, in particular with:
- claustrophobia;
- hyperthyroidism;
- advanced cancers;
- acute tuberculosis;
- other acute inflammatory conditions;
- pregnant women;

should use the salt cave with extreme caution only after prior consultation with their doctor.

- 5. The use of the salt cave is at the User's own risk.
- 6. The Company and its Management are not responsible for the health effects of staying in the salt cave.

§ 3

- 1. Before entering the salt cave room, you should:
- take care of your physiological needs;

- wash your whole body in the shower with soap and then wipe it dry.
- 2. At least two people can stay in the salt cave.
- 3. A dry towel should be used in the salt cave. The towel should be spread out so that no part of the body is in contact with the surface of the seat.
- 4. In case of feeling unwell, leave the cave immediately and immediately report to a staff member.
- 5. Wearing glasses and contact lenses is not recommended. In the event of failure to comply with this requirement, the User must take into account the risk of damage to the glasses/contact lenses, for which the Company and its Management are not responsible if they occur. In the case of staying in the salt cave with corrective glasses (at the User's own risk), these glasses must be fixed to prevent them from falling.

§ 4

- 1. When using the salt cave, it is forbidden to cause situations that threaten one's own safety, the safety of other people using the cave and the area of the swimming pool zone as well as the area of quiet and relaxation, or that may cause an accident, in particular:
- using the cave if the access is closed with a chain, rope or other visible way;
- bringing any items into the cave, including bringing and eating drinks or food, is prohibited;
- littering and polluting the cave area;
- destroying the devices and equipment of the cave;
- making noise, disturbing other Users staying in the cave;
- moving movable equipment without the consent of the Staff;
- using the cave's equipment contrary to its intended use;
- touching the cave walls;
- taking salt crystals out of the cave.
- 2. All persons using the salt cave are obliged to strictly follow and comply with the instructions, commands and sound signals of lifeguards and employees of the swimming pool zone, as well as announcements made through loudspeakers.

§ 5

- 1. In the event of an accident caused by non-compliance with these Regulations, the User bears all responsibility.
- 2. All persons violating public order or the provisions of these Regulations will be removed from the salt cave, as well as from the area of peace and relaxation and the swimming pool zone.
- 3. Other basic rules for using the Facility as well as the rules of liability and obligations of the Customers are regulated by the Regulations for the use of area of quiet and relaxation, Regulations for using the swimming pool zone and the main Regulations of the Facility.